

# Adult Swim School Crash Course



Come and improve on your swimming technique or just come and gain confidence in the water with our intensive swim course, especially catering for nervous adults.

The course is for four days and with our experienced swimming teacher helping you every step of the way, we are sure you will gain confidence attending this four day course.

## **Dates;**

Tuesday 26<sup>th</sup> – Friday 29<sup>th</sup> August 2008.

## **Time:**

9.00am – 9.40am

## **Cost:**

**£12.00 new customers**

**£10.00 concessions and swim school customers.**